

Connect the Dots

Table Runner



mama love quilts 

Nicole Neblett

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Table runner is 16" x 64".

Materials

Fabric for circles: 10-12 fabrics totaling $\frac{3}{4}$ yard

Background fabric: 1 yard

Binding fabric: $\frac{3}{8}$ yard

Backing fabric: 20" x 68"

Batting: 20" x 68"

Freezer paper

Note

Seam allowances are $\frac{1}{4}$ " unless otherwise noted.

44" width of fabric used.

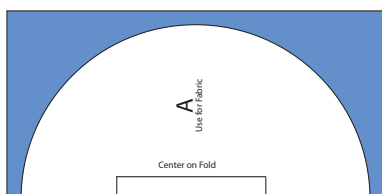
Cutting

1. Print and cut out the templates (A and AA; B and BB, C and CC, D and DD). Be sure to print templates at actual size (no scaling). Check that the 1" box measures 1" after printing to be sure the templates printed at the correct size.
2. For the fabric circles, cut the fabric according to the sizes in the table below for use with templates A, B, C, and D.

Template	Fabric Size	Number to Cut
A	10" x 10"	4
B	8 $\frac{1}{2}$ " x 8 $\frac{1}{2}$ "	2
C	7" x 7"	5
D	5 $\frac{1}{2}$ " x 5 $\frac{1}{2}$ "	3

3. Fold the fabric in half and place the template along the edge of the fold of the fabric (Figure 1). Hold or pin in place. Cut the semicircle out and open for the full circle.

Figure 1



4. For the freezer paper circles, use the templates AA, BB, CC, and DD. Tear off a piece of freezer paper large enough for the templates. Fold freezer paper in half. Place template on the folded edge of the freezer paper and cut out as in step 3. Label each freezer paper circle.
5. For the background, cut one piece 17" x 44" and another piece 17" x 22".

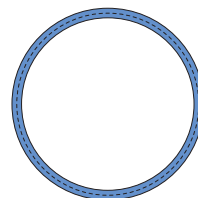
Preparing the Background

1. Sew the background pieces right sides together along the short edge. Press seam open.
2. Fold the background piece in half along the long edge. Press lightly to create a crease along the length of the runner. You will use this crease as a guide to place the circles. Set aside.

Preparing the circles

3. Center the freezer paper on the circle with the shiny side facing down. Press to adhere to the circle. You can reuse the freezer paper several times. Once it loses its stickiness, cut a new template.
4. Set your machine to the longest stitch length and highest tension. Baste in the center of the seam allowance (Figure 2). Begin and end with a long tail of thread and do not overlap the first and last stitches. I use my walking foot for this step since it helps to feed the fabric through evenly. The fabric will gather around the edge of the freezer paper as you sew. That will make the next step easier.

Figure 2



5. Distribute the fabric around the freezer paper so that you get a nice smooth edge around the circle. Press the circle flat. Let the circle cool.
6. Peel the freezer paper off the circle. Press the raw edges flat.
7. Prepare the remaining circles using the appropriate templates (A-AA; B-BB; C-CC; D-DD).
8. Once you are done basting the circles, be sure to return your machine settings to the normal sewing settings.

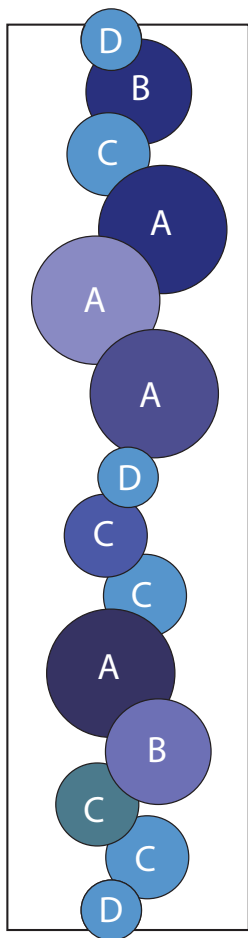
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Assembling the Runner

1. Lay the background right side up on a flat surface, like a design wall, table or floor.
2. Arrange the circles along the length of the background using the center crease as a guide. Arrange as shown or as desired (Figure 3). Be sure each circle touches the center crease and overlaps with neighboring circles. Overlap the circles at the top and bottom with the edge of the background piece. The top and bottom circles will be trimmed later.

Figure 3



3. Pin the circles to the background fabric.
4. Applique the circles onto the background using your favorite method. I used a blind hem stitch.
5. After all the circles are appliqued, trim the top and bottom circles so they are flush with the edge of the background.

Finishing the Runner

1. Baste.
2. Quilt as desired. I quilted the background of the runner with back-and-forth lines. In the circles, I quilted paisleys.
3. Trim the runner to 16" x 64".
4. Bind.



